



## **SRI VISHNU SHIVA MANDIR**

is pleased to announce **Children School Holiday Retreat Program** during school holidays from 12<sup>th</sup> April to 23<sup>rd</sup> April 2010 [for children age between 5 to 15]



Dear Parent(s),

The Children School Holiday Retreat Program has been designed to create an awareness of Hindu Culture to our children. Attending camp will help kids in understanding of our Hindu culture, tradition, deities, festivals, shlokaas, yoga, songs, music and dance. In addition, the program gives them a chance to build friendship with other kids. The camp will be conducted by volunteers, and money raised goes to Mandir operations. **The investment for the retreat program per child is \$150 only.**

Mandir will provide **breakfast and snacks** for all enrolled children, and all children have to bring **vegetarian lunch** from home. Please find attached **a) Highlights of Children School Holiday Retreat Program b) Children School Holiday Retreat Program c) Term and Conditions d) Consent Form.**

We request all parents to attend the final event at Mandir from 4.15pm to 5.30pm on Friday, 23<sup>rd</sup> April 2010 and complete a Parent(s) Feedback Form about the program in order to continue improving the quality of the program at all times.

For booking and further details:

Please contact Panditji on **Ph: 02-62866404** or Email: [vishnushivamandir@hotmail.com](mailto:vishnushivamandir@hotmail.com)



82, Mawson Drive, Mawson, ACT 2607

T: 02 6286 6404; E:vishnushivamandir@hotmail.com W: [www.vishnushivamandir.org](http://www.vishnushivamandir.org)

## **Highlights of the Children School Holiday Retreat Program**

- ✓ Retreat program is conducted by skilled volunteers in a spiritual, serene, and healthy environment;
- ✓ Designed to develop and enhance children's awareness and skills in various areas such as learning, observation, drawing, singing, presenting, sharing, memorising etc;
- ✓ Inculcate Hindu morals, stories, culture etc;
- ✓ Visual shows to educate children about great Hindu epics such as Ramayan & Mahabharat;
- ✓ Skits' training and Moral Story telling;
- ✓ Yoga training for everyday practice at home in future;
- ✓ Outdoor activities within mandir premises;
- ✓ Certificate of Active Participation to every child at the end of the retreat program;
- ✓ Special Prizes on the final day for children who pass oral and written retreat program test.

## Children School Holiday Retreat Program Schedule

**Date: 12 April – 23 April 2010** (Excludes Weekends)

<b>Time</b>	<b>Activity</b>
0900 – 0915 Hrs	Assemble/get ready for the day
0915 – 0945 Hrs	Morning Devotional Prayer
0945 – 1030 Hrs	Yoga
1030 – 1115 Hrs	Varied activities/tasks (drawing, painting, writing etc)
1115 – 1145 Hrs	Snacks/ Morning Break
1145 – 1230 Hrs	Songs/Music/Dancing - Based on Hindu Culture
1230 – 1315 Hrs	Moral Story Telling – Based on Hindu Culture
1315 – 1415 Hrs	Lunch
1415 – 1500 Hrs	Visual Shows on Hindu Epics
1500 – 1545 Hrs	Outdoor activities within Mandir premises
1545 – 1615 Hrs	Snacks/afternoon break
1615 – 1630 Hrs	Evening Devotional Prayer/pack up to go home

## **Terms and Conditions**

### **What to bring**

1. Exercise book, pen, pencils and drawing materials etc;
2. Water bottle and Lunch box with name on them;
3. Medication, if any;
4. Cap/Hat to protect from Sun during outside play activities;
5. Completed 'Consent Form' from Parents or guardians;

### **What not to bring**

5. Any costly items like ipods, mobiles, jewellery, electronic games etc.

### **Investment Details**

6. \$150/Child for the School Holiday Retreat Program;
7. Payments has to be made via Cash/Cheque/Credit Card while enrolling your child(ren);
8. Cheque should be made in favour of "MANDIR SOCIETY OF AUSTRALIA INC".

### **Children Retreat Program Timing**

9. 0900 - 1630 Hrs (Parents may pickup their children latest by 1700 Hrs)

# Consent Form

(Complete Separate Form for Each Child)

**Name of the child** : .....M/F ..... Age .....years

**Fathers Name** : .....

**Mother Name** : .....

**Emergency Contact No 1**  
**Name** :

**Contact No. :**

**Emergency Contact No 2**  
**Name** :

**Contact No. :**

**Email ID of Parent(s)** :

**Are there any special medical needs/allergies – Y / N**

**If yes, provide details .....**

I have read, understood and agree with Terms and Conditions of the Children School Holiday Program and therefore, I have no objection for my child to attend the Children School Holiday Retreat Program from 12<sup>th</sup> April to 23<sup>rd</sup> April 2010 (excludes weekends).

Date :

Name of Parent : .....

Signature of Parent : .....

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**(For office use only)**

Payment Received \$150 towards Children School Holiday Retreat Program

- Cash
- Cheque
- Credit Card

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_